

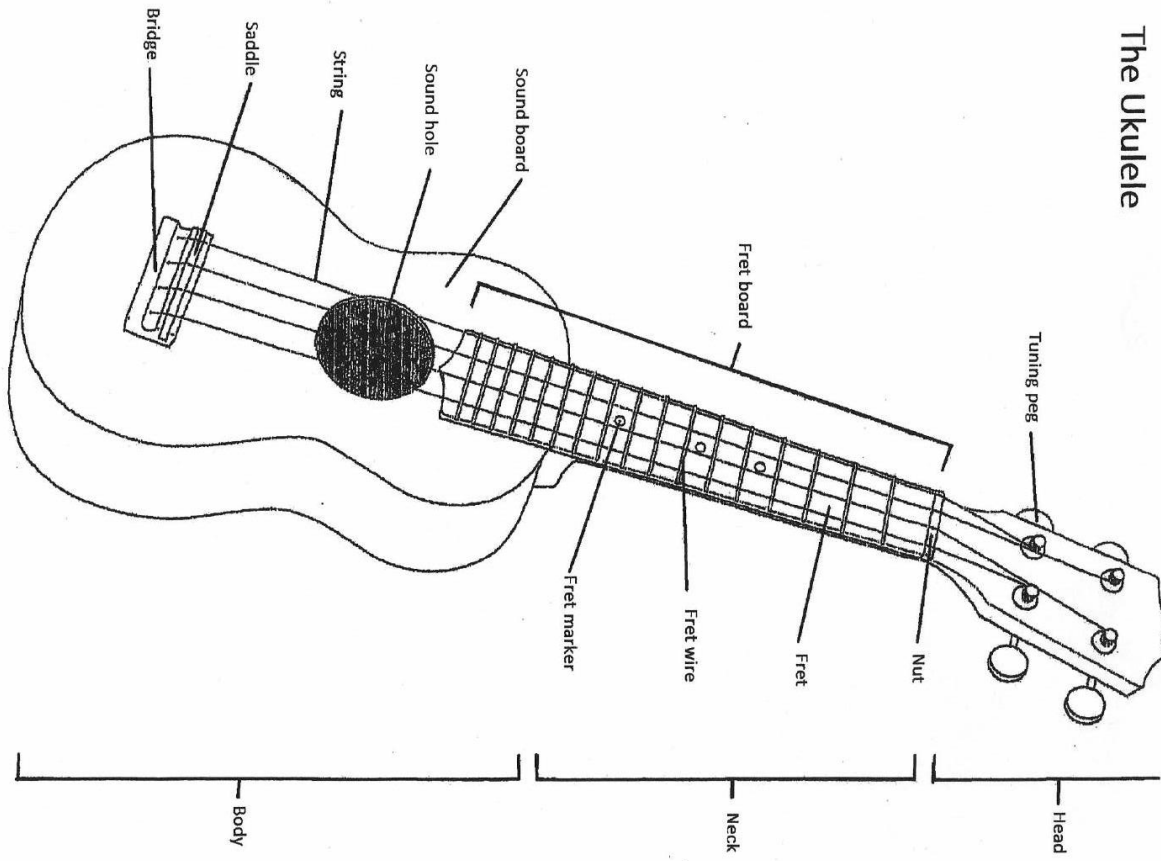
Mentorship Program

Level 1

I) Review: Orientation

A) **Explore Website:** scukes.org >> Download and print "Mentorship Program" under the "Education" tab.

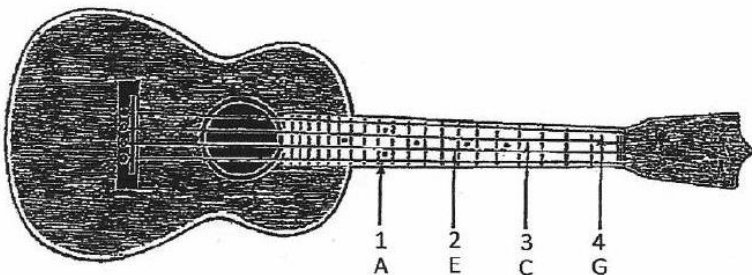
B) Introduction to the Ukulele - Meet your Uke



Tuning: G C E A

C) Strings

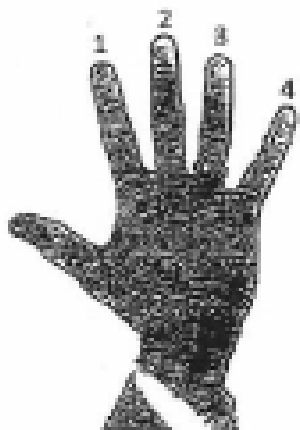
- 1) Name G C E A
- 2) Number 4 3 2 1



String#	String Name
4	G
3	C
2	E
1	A

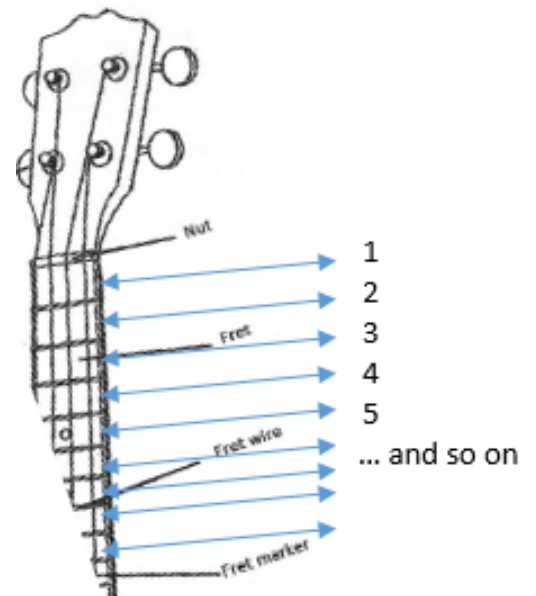
D) Finger and Fret

- 1) Usually go together
- 2) Finger Placement
 - a) Just above the fret wire
 - B) Goal: Clear Sound
- 3) Frets are numbered starting with the Nut and going down the Neck → 1 , 2 , 3 , 4 , 5 and so on.



Finger

- 1 – Index finger
 - 2 – Middle finger
 - 3 – Ring finger
 - 4 – Little finger
- The thumb is not counted.



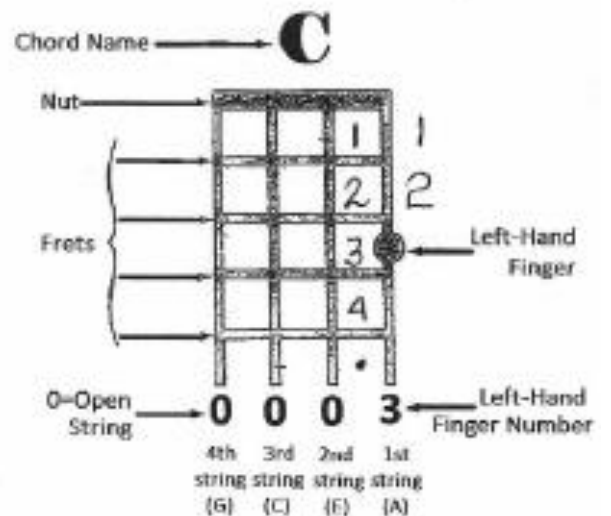
E) Chords and Tab

What is a chord, exactly?



A chord is a group of notes played together.
It can be written in *NOTATION* (left), shown as a *DIAGRAM* (right) or indicated by its *Letter Name* (i.e. C).

Explanation of Chord Diagrams



II) Let's Play!

A) Holding the Ukulele

Hold the ukulele flat against you. Use the cushion of your thumb to pick each string where the neck and the body of the ukulele meet.



- 1) Hold Ukulele at 45-degree angle (above)
- 2) Strap – makes it easier to play
- 3) Left arm down at side...slap hand on hip...then slowly lift arm straight up to uke...gently let the neck of the ukulele rest in the 'v' of left hand
- 4) Done properly the third finger should be able to drop down at the first string of the 3rd fret = 'C' chord
- 5) Notice that the wrist has not moved from original position
- 6) Do not be lax (at home) and rest arm on a chair's arm-rest. Bad habits will inhibit ability to play properly

B) Left Hand: Responsibilities

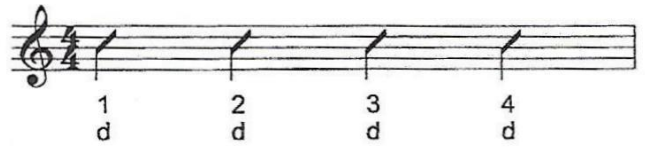
- 1) Chords & Notes (Finger placement, pressure, developing muscle-memory)
- 2) Muting - Muffle sound - light pressure over string

C) Right Hand: Responsibilities

- 1) Picking and strumming
- 2) Melody (notes), Harmony (chords), Tempo (fast or slow)
Dynamics (loud or soft), Rhythm (goal = consistent beat)

III) Let's Play Together!

A) Learn Strumming Pattern #1



(Mute with left-hand)

1) **D D D D**

1 2 3 4 (count out loud - brain and muscle memory)

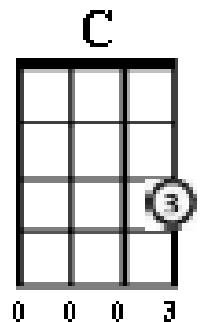
2) Use Thumb

3) Use Index finger

- a) Brush down with nail
- b) 'Finger Flick' (Like shaking off water)
- c) Note: Wrist rotation
- d) Note: Index finger pointing up then down
- e) 'Finger Curl' - Like holding a tennis ball
- f) How hard to press string? - play air then string
- g) Buzzing? (stop, look, fix, listen)

B) Learn: 'C' chord (0003)

- 1) Chord Diagrams on next page - (Chord Diagram#1)
- 2) Note: Black dots are for the primary chord and Circles are for the Prep Positions - usually Mental



2) Strum

3) **Play: Song #1** – Key C: **Progression #1**

"Row Your Boat"

C

Row, row, row your boat, gently down the stream

Merrily, merrily, merrily, merrily

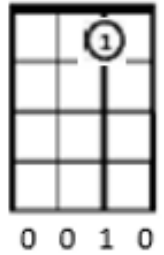
Life is but a dream

Chord Diagrams 1 thru 21

LEVEL - 1 & 2

<p>C</p> <p>⑦</p>	<p>F9</p> <p>⑧</p>	<p>① C</p> <p>⑧</p>	<p>② F9 → C</p>	<p>③ F → C</p>	<p>④ F → G7</p> <p>⑨</p>	<p>⑤ G7 → C</p>	<p>⑥ F → C7</p>
<p>C</p>	<p>G7</p>	<p>F</p>	<p>C7</p>		<p>C</p>	<p>F</p>	<p>G7</p>
<p>⑩-a F → Bb</p>	<p>a Bb</p>	<p>b Bb</p>	<p>c Bb</p>	<p>⑪ F → Bb</p>	<p>⑫ F</p>	<p>Bb</p>	<p>C7</p>
<p>⑬ G</p>	<p>⑭ G → C</p>	<p>⑮ D7</p>	<p>⑯ E → D7</p>		<p>⑰ G</p>	<p>C</p>	<p>D7</p>
<p>⑱ D → G</p>		<p>⑲ A7</p>		<p>⑳ D → A7</p>		<p>㉑ G → A7</p>	

F9



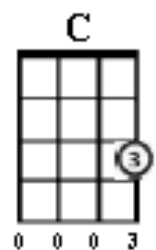
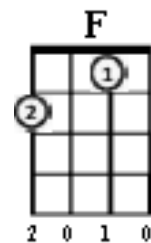
C) Learn 'F' chord (2010) (Chord Diagram #3)

- 1) Review Orientation: 'F9' chord (0010)
- 2) Play 'C <Go Back and Forth To> F9' (Chord Diagram #2)
 - a) Note: Slight Wrist Turn
 - b) Now: If needed: exaggerate Wrist Turn and let middle finger drop onto String-4 on Fret-2 = 'F'
 - c) Slowly lift fingers off strings; this is your 'Prep Position' for 'F' chord
 - d) Prep Position can be done physically or mentally depending if a Wrist Turn is needed
 - e) Some students, due to injury, may need to have a greater wrist turn, this is OK. Goal is to minimize wrist turn as much as possible
 - f) Press and release 'F' chord = muscle memory
 - g) Avoid lifting fingers any more than necessary

3) Play Song #1 in (F) with Progression #1

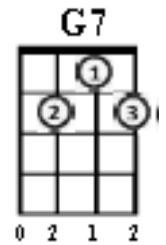
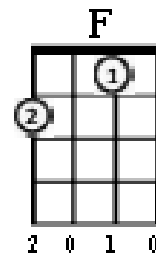
4) Practice 'F<Go Back and Forth To>C'

- a) (Chord Diagram #3)
- b) Requires Wrist Turn



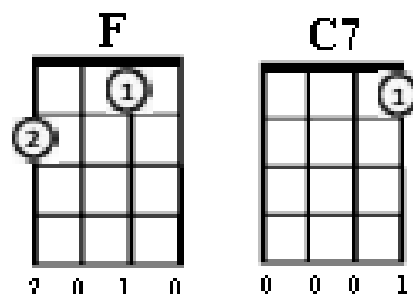
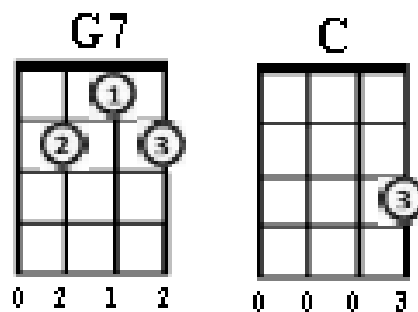
Learn 'G7' chord (0212)

- 1) (Chord Diagram #4) ('F' to 'G7')
- 2) May require slight Wrist Turn
- 3) Note: Prep Position
 - a) Index finger already on 'F' note'
 - b) Middle finger - easy move (String-3 Fret-2)
 - c) Third finger drop down to (String-1 Fret-2)



4) Practice: 'F' <Go Back and Forth To> 'G7' (Chord Diagram #4)

- E) **Learn: 'G7' chord** (0212) (To 'C')
- 1) No Wrist Turn (Chord Diagram #5)
 - 2) Lift Index and middle fingers
 - 3) Slide ring finger to Fret 3 'C' (0003)
 - 4) **Practice:** 'C<Go Back and Forth To>G7'
(Chord Diagram #5)
- F) **Review 'C7' chord** (0001) (Orientation)
- 1) Slight Wrist Turn from "F" chord
(Chord Diagram #6)
 - 2) **Practice:** 'F<Go Back and Forth To>C7'



IV) **Practice Goals**

- A) Since there are **NO Reviews** in classes going forward it is highly recommended that the student be comfortable with the material in Level 1 before going to Level 2.
- B) The successful student should be able to:
- 1) Know how to use the Website
 - 2) Know how to hold the Ukulele and understand the responsibilities for each hand
 - 3) Know the Finger, String and Fret numbers (Basic Tab)
 - 4) Know the chords: C / F / G7 / C7 (Wrist Turns & Prep Positions) Always think ahead!
 - 5) Play Song #1 in C & F. Always start SLOW!
Do not increase speed until a consistent beat is achieved.

Congratulations!!

You have now learned the 3 most important Ukulele chords!

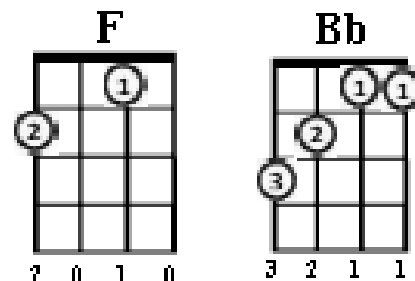
LEVEL 2

I) **Learn: 'B flat' Chord** (From 'F') (Chord Diagram #10) Wrist Turn

A) **Different positions**

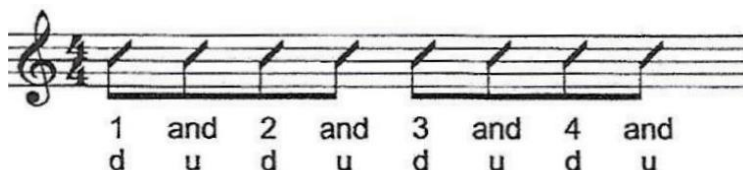
- 1) (0011) (Diagram # 10a)
- 2) (0211) (Diagram # 10b)
- 3) (3211) (Diagram # 10c)
- 4) It might help to:

- a) Use thumb to back of Uke neck w/ pressure
- b) Move thumb higher
- c) Use Uke as a fulcrum



B) **Practice:** 'F' <Go Back and Forth To> 'B flat' (Chord Diagram #11)

II) **Learn Strumming Pattern # 2**



A) **D - U - D - U - D - U - D - U**

1 & 2 & 3 & 4 & (Count out loud)

B) Down with nail and Up with fleshy part of index finger

C) **Practice:** Strum # 2

D) **Practice:** Strum # 2 - with (**Progression #2** = 2-chord songs)

- 1) C - G7 (Chord Diagram #7)
- 2) F - C7 (Chord Diagram #8)

Examples of 2 chord songs: Jambalaya, Clementine, Down in the Valley, Mary Had a Little Lamb, Over and Over

E) **Practice:** Strum # 2 - with (**Progression # 3** = 3-Chord Songs)

- 1) C - F - G7 (Chord Diagram #9)
- 2) F - Bb - C7 (Chord Diagram #12)

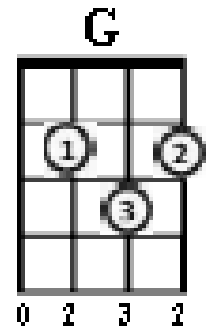
Examples of 3 chord songs: Happy Birthday, The Lion Sleeps Tonight, 26 Miles, Bye Bye Love, Twinkle Twinkle Little Star, You Are My Sunshine

III) **Learn: 'G' Chord** (0232) (Chord Diagram #13)

A) Often goes with 'C' chord

B) Slight Wrist Turn

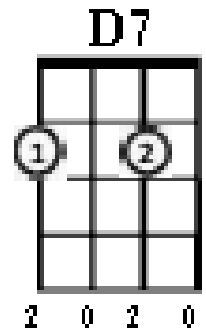
C) **Practice:** 'G' <Go Back and Forth To> 'C' (Chord D. # 14)



IV) **Learn 'D7' Chord** (2020)

A) (Chord Diagram # 15) (No Wrist Turn)

B) Note: either (Index and middle fingers) or (middle and ring finger) Depends on the following chord Prep Position



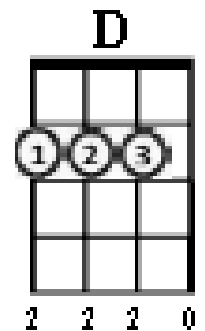
C) **Practice:** 'G' <Go Back and Forth To> 'D7' (Chord Dia. #16)

D) **Practice:** Progression # 3 in (G) (G - C - D7) (Chord Dia. #17)

V) **Learn: 'D' Chord** (2220) (How to Play?)

A) Often goes with 'G' chord

B) **Practice:** 'D' <Go Back and Forth To> 'G'
(Chord Diagram #18)



VI) **Learn: 'A7' Chord** (0100) (Chord Diagram #19)

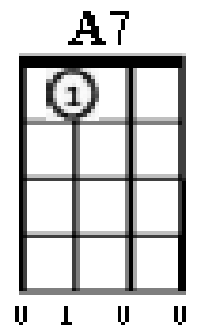
A) Often goes with 'D' chord

1) **Practice:** 'D' <Go Back and Forth To> 'A7'
(Chord D. # 20)

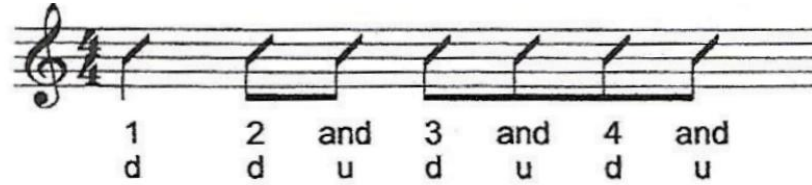
B) Often goes with 'G' chord

1) (Chord Diagram #21)

2) **Practice:** 'G' <Go Back and Forth To> 'A7' (Chord Diagram #21)



VII) **Learn: Strumming Pattern # 3** - Touch Strum (Popular) (Country)



A) **T - _ - D - U - D - U - D - U**

1 2 & 3 & 4 &

B) **T = Touch** Bass string (String 4) (Count out loud)

C) **Practice:** Strums # 2 & # 3 with:

- 1) Songs # 2 & # 3: Jambalaya and Happy Birthday
- 2) Keys: C / F / G / D

VIII) **Practice Goals:**

A) The successful student should be able to:

- 1) Play Songs # 2 (Jambalaya) & # 3 (Happy Birthday)
 - a) In Keys C / F / G / D
 - b) With Progressions #1, #2 and #3
 - c) With Strums #1, #2 and #3

2) Songs should be played with a consistent beat with little to no hesitation between chords.

3) Understand that a Progression is a series of common repeating chords used to make a song. A majority of songs have similar, repeating progressions.

So-2 - Jambalaya - 2-Chord Song - Progression #2

Play in keys C, F, G and D

C / F	G7 / C7	C / G7
Goodbye Joe, me gotta go, me oh my oh		F / C7
	C / F	G / D7
Me gotta go, pole pirogue down the Bayou		D / A7
	G7 / C7	
My Yvonne, sweetest one, me oh my oh		
	C / F	
Son of a gun, we'll have big fun, on the Bayou		

So-3 - Happy Birthday - 3-chord Song - Progression #3

Play in keys C, F, G and D

C/F/G	G7/C7/D7	C/F/G
Happy Birthday to you,		Happy Birthday to you
	F/Bflat/C	
Happy Birthday dear Ukulele,		
C/F/G	G7/C7/D7	C/F/G
Happy Birthday	to	you

(D-G-A7)

Congratulations!!

You have now learned 4 of the 5 Uke-friendly keys! You have also learned the 3 most basic strums! You are ready for jams!

Chord Diagrams 22 thru 35

LEVEL 3 & 4

(22) Am → C	Am → F			(24) Dm → F	(25) Dm → Bb	(26) Dm → G7	QUICK Dm → G7
(27) Em7 → G	(28) Em7 → C	(29) Em7 → B7	(30) D → Bm7	(32) A	(33) E7	A → E7	(34) A → F#m

(A) C (B)

#3 'DOO WOP' - PROG.#4

C	Am	F	G7	F	Dm	Bb	C7
G	Em7 (C)	C	D7	D	Bm7 (D)	G	A7
A	F#m	D	E7		C (35)	CM7	C6

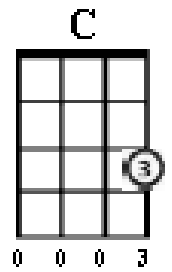
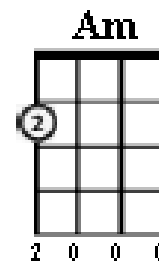
Level 3

I) Learn: 'Am' Chord (2000)

A) Often goes with 'C' chord

1) (Chord Diagram #22)

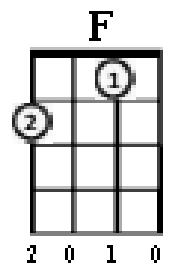
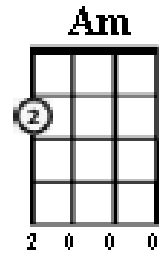
2) **Practice:** 'Am' <Go Back and Forth To> 'C'



B) Often goes with 'F' chord

1) (Chord Diagram #23)

2) **Practice:** 'Am' <Go Back and Forth To> 'F'

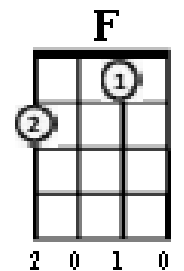
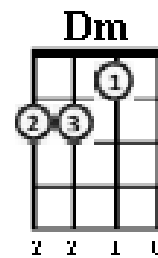


II) Learn: 'Dm' Chord (0210) (2210)

A) Often goes with 'F' chord

1) (Chord Diagram #24)

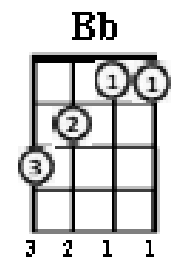
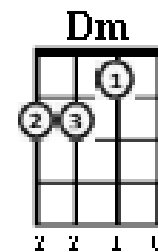
2) **Practice:** 'Dm' <Go Back and Forth To> 'F'



B) Often goes with 'B flat' = Bb

1) (Chord Diagram #25)

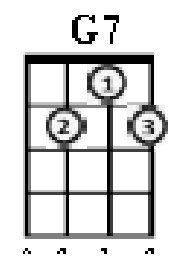
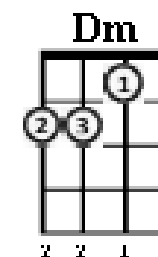
2) **Practice:** 'Dm' <Go Back and Forth To> 'Bb'



C) Often goes with 'G7' Chord

1) (Chord Diagram # 26)

2) **Practice:** 'Dm' <Go Back and Forth To> 'G7'

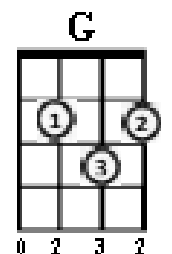
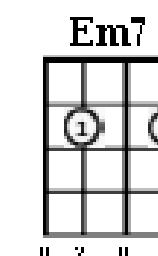


III) Learn: 'Em7' Chord (0202) = (G6)

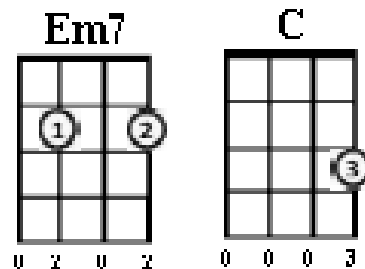
A) Often goes with 'G' chord

1) (Chord Diagram #27)

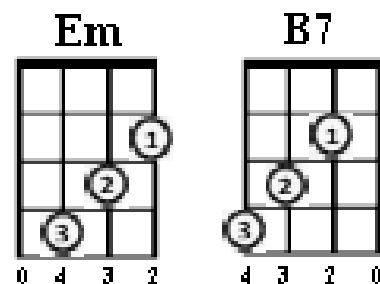
2) **Practice:** 'Em7' <Go Back and Forth To> 'G'



- B) Often goes with 'C' chord
- 1) (Chord Diagram #28)
 - 2) **Practice:** 'Em7' <Go Back and Forth To> 'C'



- IV) **Learn: 'Em' Chord** (0432) often with B7 (4320)
(Chord Diagram # 29)



- V) **Learn: Progression # 4 (Doo Wop)**
- A) **Play:** Progression # 4 in 3 learned keys

- 1) C - Am - F - G7 (Chord Diagram #31a)
- 2) F - Dm - Bb - C7 (Chord Diagram #31b)
- 3) G - Em7 - C - D7 (Chord Diagram #31c)

- VI) **Learn: Song # 4 - 26 Miles**

- A) **Play** in 3 learned keys – C, F and G

So-4 - 26 Miles - 4-chord Song (Doo-Wop) - Progression #4

[C] Twenty-six [Am] Miles a[F]cross the [G7] sea

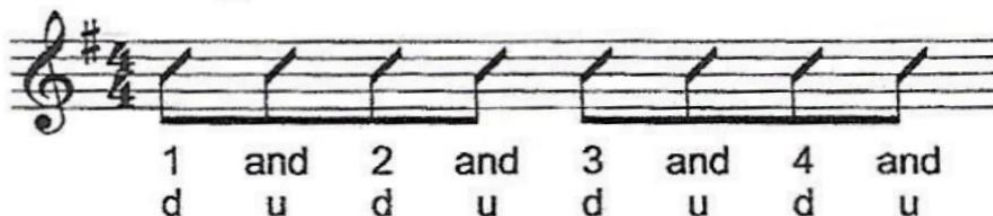
[C] Santa Cata [Am] lina is a [F] waitin' for [G7] me

[C] Santa Cata [Am] lina the [F] island [G7] of Ro -

[C] mance, Ro [Am] mance, Ro [F] mance, Ro [G7] mance

(F-Dm-Bflat-C7) (G-Em7-C-D7) (D-Bm7-G-A7) (A-Fsharp m-D-E7)

VII) **Learn: Strumming Pattern # 4 (Shuffle)**



- A) Note: rhythm (accent 2,4)
- B) Make strum strokes short
- C) Common Strum

VIII) **Following the Leader**

- A) Watch and Listen
- B) Leader will provide Arrangement of song, Tempo, Dynamics, When to begin song, Turnarounds, Tags, End song, etc.
- C) If you don't know a certain chord(s), keep strumming (air or mute)

IX) **Practice Goals:**

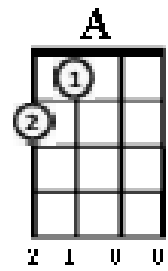
- A) Understand and play 4 new chords
- B) Be able to play Song #4 (26 Miles) in 3 Keys (C F G) with little to no hesitation between chords
- C) Be able to play Strum # 4 (Shuffle) with above
- D) Understand how to Follow the Leader

Congratulations!!

You have learned 16 of the 20 most used Ukulele chords including the most important minor chords. You have also learned 4 of the 5 most used strums. You are really ready to jam!

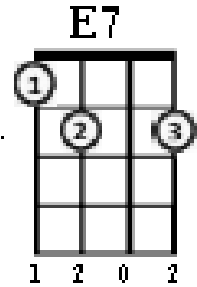
Level 4

I) **Learn: 'A' Chord** (2100) (Chord D. 32)

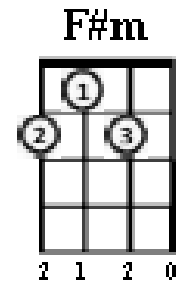


II) **Learn 'E7' Chord** (1202) (Chord D. 33)

A) Practice 'A' <Go Back and Forth To> 'E7)



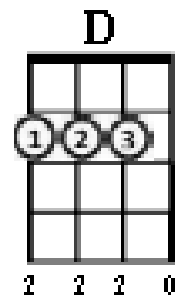
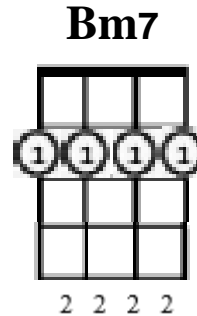
III) **Learn: 'F#m' Chord** (2120) (Chord D. 34)



V) **Learn: 'Bm7' Chord** (2222)

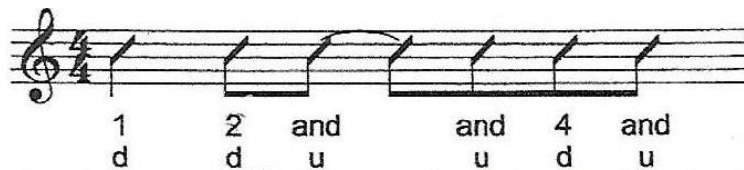
A) Often goes with 'D' chord

1) **Practice:** 'D' <Go Back and Forth
(Chord Diagram #30)



2) D - Bm7 - G - A7 (Chord Diagram #31d)

IV) **Learn Strumming Pattern # 5 (Calypso)**



A)

- Jambalaya

Play: Song # 2

B) **Incorporate** 'Fan' or 'Roll'

V) **Learn: Strum Variations** (Intro)

A) Dynamics (loud - soft)

B) Drive the Beat - Back Beat (Strum Pattern # 6)

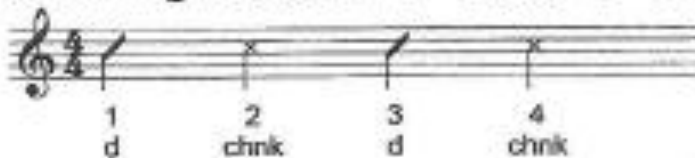
C) Accents (Syncopation) (Strum Pattern # 8)

D) Chunking (Percussive Techniques) (Strum Patterns # 7)

Strumming Pattern # 6 - Level 4 - Accent



Strumming Pattern # 7 - Level 4 - Chunk



Strumming Pattern # 8 - Level 4 - DUUU



VI) **How to Practice:**

A) Identify short / long term **goals**

B) **4 - Part Technique** (set own time -15min - 30-min - 60min)

1) **Part 1**

a) **Relieve Tension:** shake hands - stretch fingers

b) Have **FUN** with something you know

2) **Part 2** - Develop **attitude** of curiosity and **challenge** self with a **new skill**

3) **Part 3** - Have **FUN** arranging or playing a song you already know with new or old skills

4) **Part 4** - Learn a new song or have **FUN** with an old one

VII) **New Song Checklist:**

- A) **Listen** to become familiar with song
- B) **Determine** Key
- C) **Study** chords and progression
- D) **Decide** on an Arrangement
 - 1) Key (transpose? - why?)
 - 2) Decide tempo
 - 3) Decide strum
 - 4) Decide dynamics, accents, etc.
- E) **Always:**
 - 1) Break everything down to smallest element
 - 2) Re-build slowly
 - 3) Only increase speed when can play smoothly, without hesitation and with a constant, consistent beat

VIII) **Practice Major 7 Progression # 5** in 'C' (Chord Diagram-#35)

IX) **Tab**

- A) 8 notes = Scale (Finger Count - for Different Keys)
- B) Progressions
 - 1) Progression # 1 = 1 -chord songs = (I)
 - 2) Progression # 2 = 2 -chord songs = (I-V7)
 - 3) Progression # 3 = 3 -chord songs = (I-IV-V7)
 - 4) Progression # 4 = 4 -chord (Doo Wop) = (I-vi-IV-V7)

X) **Questions ?**

Congratulations!!

- 1) You now have the basics for understanding and playing the Ukulele!
- 2) Once you can (fluidly and easily) do all in this Program, you are probably equal to 80% of all club Ukulele players.
- 3) You are encouraged to move forward with your Ukulele experience with classes, private instruction, and workshops.
- 4) Remember...what you do in the future is your **Choice**...the main thing is...

Have Fun!

Thank You for being a part of THE SUN CITY UKULELE CLUB!!!

CHORD HARMONY CHART

	Major		Dominant 7		Minor		
	I	IV	V	V7	vi	ii	iii
Key of C	C 0 0 0 3	F 2 0 1 0	G 0 2 3 2	G7 0 2 1 2	Am 2 0 0 0	Dm 2 2 1 0	Em 0 4 3 2
Key of F	F 2 0 1 0	Bb 3 2 1 1	C 0 0 0 3	C7 0 0 0 1	Dm 2 2 1 0	Gm 0 2 3 1	Am 2 0 0 0
Key of G	G 0 2 3 2	C 0 0 0 3	D 2 2 2 0	D7 2 0 2 0	Em 0 4 3 2	Am 2 0 0 0	Bm 4 2 2 2
Key of D	D 2 2 2 0	G 0 2 3 2	A 2 1 0 0	A7 0 1 0 0	Bm 4 2 2 2	Em 0 4 3 2	F#m 2 1 2 0
other	E7 1 2 0 2	B7 4 3 2 0	G6 0 2 0 2	Em7 0 2 0 2	Am7 0 0 0 0	C6 0 0 0 0	(1) (2) (3) 20