

Atkin's Diet Blues (to the tune of Folsom Prison Blues)

C

I hear that clock a buzzin', it's time for lunch again

C7

And I ain't had a bagel since I don't know when

F

C

But I'm on the Atkins diet and time keeps draggin' on

G

F <tacet>

C

But I'm eating so much protein, I'll get a kidney stone

C

When I was just a baby my mama told me 'son

C7

If you eat a hot dog be sure to hold the bun

F

C

But I made a grilled cheese sandwich just to watch it fry

G

F <tacet>

C

When I smell those cookies bakin' I hang my head and cry

C

I bet there's slim folks eatin' whatever food they please

C7

They're probably exercisin' and burning calories

F

C

But I knew I had it comin', and now no grain I see

G

F <tacet>

C

But those slim folks keep on eatin', and that's what tortures me.

